



***Exploradus L.L.C.***  
***Professional Mountain Guides***

***E<sub>3</sub>***  
***Mount Everest Expedition 2014***  
***South Col Route***

*Preliminary Itinerary*



***2 April-6 June, 2014***  
***60 +day South Col Everest Climbing Expedition in Solukhumbu Himalaya***  
***Extreme High Altitude Mountaineering to 8,848m***

*On the border of Tibet, Nepal and China lies the highest point on earth, Mount Everest (29,028ft / 8,848m), known in Nepal as Sagarmatha – “Bow of the Mother Earth” or in Tibetan as Chomolungma – “Mother Goddess of the Snows”. Everest gives majestic views of other Himalayan peaks such as Ama Dablam, Lhotse, Nuptse, Makalu, and many other breath taking peaks in Khumbu Himal. The first successful ascent was made on May 29, 1953 by Tenzing Norgay and Sir Edmund Hillary. The first American ascent was made a decade later on May 1, 1963.*

*This expedition is based on two factors: Proper acclimatization and maximizing our chances for a successful summit bid. We can accomplish the first part by taking our time reaching Base Camp. Resting, then climbing above Base Camp when we feel good (climb-high, sleep low). The second part is accomplished by minimizing our stay above Base Camp, minimizing our load carries to just our personal gear, and sleeping above 24,000 ft. (Camp IV) only when we make a summit bid.*

<b><i>Day</i></b>	<b><i>Date</i></b>	<b><i>Description of Services</i></b>
-------------------	--------------------	---------------------------------------

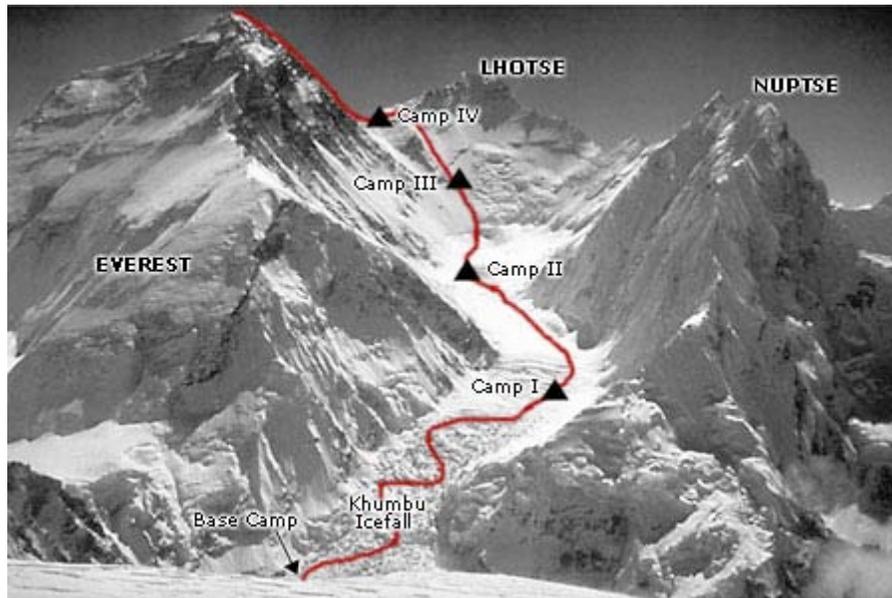
<b>01-02</b>	<b>2-3 Apr.</b>	Depart USA, en-route to Bangkok.
--------------	-----------------	----------------------------------

<b>3</b>	<b>4 Apr.</b>	Arrive in Kathmandu, Nepal Transfer to Yak & Yeti Hotel or hotel of your choice.
----------	---------------	--

*Exploradus L.L.C.*  
*P.O. Box 4166 “Jackson, WY 83001 “USA*  
*TEL: +1 • 307 • 733 • 8812      FAX: +1 • 503 • 213 • 9861*  
*www.exploradus.com*

[pmg@atrav.com](mailto:pmg@atrav.com)

*E<sub>3</sub>*  
**Mount Everest Expedition 2014**  
 South Col Route  
 Preliminary Itinerary



<i>Day</i>	<i>Date</i>	<i>Description of Services</i>
------------	-------------	--------------------------------

**04-05**      **5-6 Apr.**  
 Sightseeing in Kathmandu and last minute permit negotiations, and other packing

**06**            **7 Apr.**  
 Leave Kathmandu for the beginning of the trek. We will try to fly to Namche Bazaar by helicopter if at all possible, but if not, then we will fly directly to Lukla. Collect gear, organize porters and pack animals. Trek to Phakding (8,700 ft.)

**07-08**        **8-9 Apr**  
 Trek to Namche Bazaar at 11,200 ft via Jorsale, - 9,900 ft - entrance to Sagarmatha National Park. Then on to Namche Bazaar This is our first acclimatization stop at 11,200 ft. We will spend at least two nights here.

**09-10**        **10-11 Apr.**  
 Trek to Pangboche -12,873 ft via Tengboche 12,687 ft. This is the site of the famous Tengboche Monastery, now rebuilt after being destroyed by fire in 1989. The monastery is considered the spiritual center of the Khumbu and is an excellent place for a blessing at the monastery. Trek from Tengboche to Pangboche -12,873 ft. We will have a blessing here as most of our Sherpas come from this village. This village is at the base of Ama Dablam. The blessing will take most of the morning.

**11-12**        **12-13 Apr.**  
 Trek to Chukung - 15,609 ft via Dingboche. We will spend two nights here. Day hike to Chukung Ri or Island Peak base Camp.

**E<sub>3</sub>**  
**Mount Everest Expedition 2014**  
 South Col Route  
 Preliminary Itinerary



<i>Day</i>	<i>Date</i>	<i>Description of Services</i>
------------	-------------	--------------------------------

<b>13</b>	<b>14 Apr</b>	Trek to Lobuche - 16,174 ft. You will really start to feel the altitude.
-----------	---------------	--

<b>14</b>	<b>15 Apr.</b>	Trek up the Khumbu Glacier to Base Camp – 17,800 ft. Arrive at Base Camp for lunch. We will arrive as early as possible so that we all have time to set up our tents and get organized.
-----------	----------------	---

<b>15</b>	<b>16 Apr</b>	Members Puja with Sherpas. This is dependant on what the Lama says is an auspicious day. We must do this before we can begin the climb.
-----------	---------------	---

*Note: Climbing from this point is based on schedule that has one rest day at Base Camp for every day above Base Camp. By this time, we will have organized in the traditional sense of an expedition (working, climbing, etc.) as a team. Now the plan changes to a more individual schedule. Remember this is just a guide/suggestion based on past experience. During this part of the climb, the most important thing is to make sure you are acclimatized.*

<b>16</b>	<b>17Apr</b>	Rest and Pack day. We will begin the first day in the icefall the following day. Icefall training day. Trekkers will depart.
-----------	--------------	--

<b>17-19</b>	<b>18-20 Apr.</b>	Climb through the Icefall to Camp 1 We will stay around and set up Camp 1. We will also climb up into the Western CWM to take a look at the Southwest face of Everest, Lhotse Face, South Col and Camp 2 and 3.
--------------	-------------------	---

*E<sub>3</sub>*  
**Mount Everest Expedition 2014**  
*South Col Route*  
*Preliminary Itinerary*



**Nima Tashi (Expedition Sirdar) Summit '07**

<i>Day</i>	<i>Date</i>	<i>Description of Services</i>
<b>20</b>	<b>21 Apr.</b>	Return to Base Camp.
<b>21-25</b>	<b>22-26 Apr.</b>	Rest in Base Camp. This will be the first time things will begin to shake out as to how you feel about the climb. You will have days free to clean up, rest and explore.
<b>26 -31</b>	<b>27Apr -2 May</b>	Return to the mountain. We will go first to Camp 1 and then up to Camp 2. We will take a rest day here before exploring the approach to the Lhotse Face. Depending on the conditions we may make a trip to Camp 3. There is minimal acclimatization value in a trip to Camp 3 but it is good experience for those who have never been this high before.
<b>32-40</b>	<b>3-10 May</b>	Possible return to Base Camp. Begin to rest for summit push. This can be a very long wait, or if we are lucky we will be able to climb early on in May. Only those who will attempt to climb to the summit will participate in this section of the trip. Others will remain at Base Camp waiting for their return or return home. We will then pack up Base camp and prepare to leave.

*Exploradus L.L.C.*  
*P.O. Box 4166 "Jackson, WY 83001 "USA*  
TEL: +1-307-733-8812      FAX: +1-503-213-9861  
[www.exploradus.com](http://www.exploradus.com)

[pmg@atrav.com](mailto:pmg@atrav.com)

*E<sub>3</sub>*  
**Mount Everest Expedition 2014**  
South Col Route  
Preliminary Itinerary

**Summit Climb**

**30 Day Window**

*Note: The climbing schedule is very dependant on the health of the group and the weather. I am hoping to be ready to begin the summit push in early May. Historically, most successful summit attempts have been in the second half of May.*

<b>Day</b>	<b>Date</b>	<b>Description of Services</b>
<b>01</b>	tbd	<b>Climb to Camp 1.</b>
<b>02</b>	tbd	<b>Climb to Camp 2 (Advanced Base Camp).</b>
<b>03</b>	tbd	<b>Rest day at Advanced Base Camp.</b> Final prep for summit push.
<b>04</b>	tbd	<b>Climb to Camp 3 on the Lhotse Face.</b> First night on oxygen.
<b>05</b>	tbd	<b>Climb to the South Col.</b> We will climb on oxygen. Arrive in the early afternoon.
<b>06</b>	tbd	<b>Summit Day (18-20 hours)</b> Rest all day on oxygen and begin the climb that evening.  20:00 – Wake up and begin to get dressed, eat and get ready for summit day. 22:00 – Begin climb 4:00 – Climbing above the balcony at sunrise 8:00-10:00 – Summit 16:00 – All members back to the South Col.
<b>07</b>	tbd	<b>Return to Camp 2 (Advanced Base Camp).</b>
<b>08</b>	tbd	<b>Return to Base Camp.</b>
<b>Late May</b>		<b>Depart Base Camp</b> Begin to pack up Base Camp and prepare to leave. Members can leave as soon as they have all their gear off the mountain. Your return will be dependant on your eagerness to return home and your health. The plan is to have the entire expedition in Kathmandu one week after the summit attempt. The entire team should be home by the first week of June.
<b>Early June</b>		<b>Return to USA</b>

**\*\*End of Services\*\***

Exploradus L.L.C.  
P.O. Box 4166 "Jackson, WY 83001 "USA  
TEL: +1-307-733-8812 FAX: +1-503-213-9861  
www.exploradus.com

[pmg@atrav.com](mailto:pmg@atrav.com)

*E<sub>3</sub>*  
**Mount Everest Expedition 2014**  
South Col Route  
Preliminary Itinerary

## **General Information**

This itinerary Exploradus has designed only as a guideline, to give you an idea of what you can expect trekking or on expedition with Exploradus in the Khumbu Regions of Nepal. Inherent in international exploration, there are many things that may happen on this journey that are beyond our control. Flight cancellations, overbooking of hotels and airplanes, changes in weather, local problems unique to the countries you are visiting, and many other unimaginable surprises are a part of international travel. At Exploradus, we will do our best to prevent, but are not responsible for, such occurrences. Any changes or alteration to the above itinerary, which result in additional charges, will be the direct responsibility of the members of the trip. Exploradus and its representatives are not responsible for any extra charges for services that are not described in this itinerary.

**Special Considerations:** *This is a trek that progresses through high altitudes. All members need to be aware that the trek involves acclimatizing and difficulties due to the altitude. Every member assumes the risk of exposure to illnesses associated with high altitude trekking, or climbing. In the event of illness, decisions to continue on the trek will be up to the Guide and not up to the members.*

*This itinerary is meant only as a guide to what our days will be like. Changes will almost surely be made as we go along. These will be based on local conditions, our acclimatization, health and fitness levels, etc. Mountain weather can be warm during the day however; it can also get very cold at night. There may be occasional showers or snow at altitude.*

## **Conditioning**

A cumulative conditioning program with adequate rest before departure seems to work for most people. Trekking routes in the Himalayas and other high altitude explorations, summit bids, and expeditions (especially those above 15,000 ft.) are often challenging and previous altitude experience does give you a better position for understanding your own body when challenged with acclimatizing or illnesses related. Give yourself time to get in shape, the freedoms physical conditioning supports in the mountains is always beneficial.

## **Airfare Information**

International Air Ticket: For travel arrangements, contact Usha Lama at Third Eye Travel. If you purchase your air ticket from Third Eye Travel Usha can help arrange connections, and accommodations based on your time and course of travel.

Usha Lama/ Third Eye Travel  
33220 Sandpiper Place  
Freemont, CA 94555  
(800) 456-3393  
[www.thirdeyetravel.com](http://www.thirdeyetravel.com) or [usha@thirdeyetravel.com](mailto:usha@thirdeyetravel.com)

Exploradus L.L.C.  
P.O. Box 4166 "Jackson, WY 83001 "USA  
TEL: +1 • 307 • 733 • 8812      FAX: +1 • 503 • 213 • 9861      [pmg@atrav.com](mailto:pmg@atrav.com)  
[www.exploradus.com](http://www.exploradus.com)

*E<sub>3</sub>*  
**Mount Everest Expedition 2014**  
*South Col Route*  
*Preliminary Itinerary*

***Services Included***

**Nepal:**

- All domestic air fares in Nepal
- All hotels in Kathmandu and tea houses along the trek
- Sightseeing in Kathmandu
- Transfers and transportation
- Meals while on the trek (bottled water, alcohol and beverages not included)
- Occasional spirits (Chang & Roxy) courtesy of the Sherpa
- Porters and yaks to transport gear
- Tents, stoves, and all climbing equipment except personal equipment
- Park Fees and trekking permits
  
- Comprehensive travel insurance
- Jim Williams as the Expedition Guide

***Services Not Included***

**Bangkok:**

- Hotels & meals in Bangkok
- Independent sightseeing and transportation
- Room service of any kind including laundry and telephone
- Shopping purchases
- Tips
- Airport departure tax (200 baht = \$8.00 USD) when leaving the country
- Drinks or alcohol of any kind

**Nepal:**

- International air ticket
- Meals in Kathmandu
- Alcohol, laundry, telephone calls, and personal items
- Rental of personal equipment
- Tips to staff and guides
- Equipment rentals
- Visa fees, airport taxes, excess baggage handling fees

***Visa***

**Thailand:** You may get your visa for Thailand upon arrival at the airport in Bangkok, Thailand. There is no charge for this visa.

**Nepal:** You may get your visa for Nepal upon arrival at the airport in Kathmandu, Nepal. The cost of the Nepal visa is forty (\$40.00) US dollars, payable at the airport. Please bring this cash and 2 passport photos with you. If you prefer, you may get a 30-day Nepal visa in the USA before you depart.

***Trip Cost***

<b>Total Cost:</b>	Land Cost:	1Members	\$120,000.00
		2 Members	\$85,000.00
		3 or more	\$65,000.00
	Approximate Airfare:		\$1,900

**Schedule of Payment:**

*Exploradus L.L.C.*  
*P.O. Box 4166 "Jackson, WY 83001 "USA*  
TEL: +1 • 307 • 733 • 8812      FAX: +1 • 503 • 213 • 9861      [pmg@atrav.com](mailto:pmg@atrav.com)  
[www.exploradus.com](http://www.exploradus.com)

**E<sub>3</sub>**  
**Mount Everest Expedition 2014**

*South Col Route*  
*Preliminary Itinerary*

Upon booking confirmation:	\$5,000.00 (non-refundable)
6 months in advance of departure:	25% of the total selling price (non-refundable)
3 months in advance of departure:	Expedition Balance Due

***Travel Insurance***

Adventure travel and mountaineering expeditions can be exciting and memorable, but also extremely unpredictable. Because of the unforeseen circumstances, and unexpected accidents and events which may complicate travel and exploration, Exploradus offers clients *comprehensive travel insurance through Travel Guard*.

<b><i>Trip Insurance (estimate)</i></b>	<i>Everest Expedition</i>	\$6,009.00
	<i>Covers up to \$100,000.00 – no limitations on altitude</i>	
	<i>Cancel for Any Reason Upgrade</i>	\$2326.80

\*\*Additional insurance upgrades are available. The upgrades typically increase coverage or offer fewer exclusions on the basic plans presented above. We are happy to discuss these options to set you up with the best coverage for this trip.

***Refunds and Cancellations***

Final reservations for this trip will be made 90 days in advance of departure after which cancellation of space on this trip will not be possible. Exploradus recommends the Adventure Travel Protector plan from Travel Guard which will protect your trip and any unusual incidents at altitude. A ***Cancel for Any Reason*** insurance upgrade is highly recommended and will cover you if something happens before the start of the trip. Unused services cannot be refunded after the trip. Any changes in the itinerary that result in additional charges will be paid directly by the members of the trip.

In regards to our ***Refund and Cancellation*** policy stated above, Exploradus strongly recommends insuring your trip or expedition through *Travel Guard*. If you choose to decline this valuable protection, you are assuming any financial loss associated with your travel arrangements.